



## 2018/2019 PAL Life Skills Training Calendar Region 6

It is necessary for foster youth to complete PAL training in order to become eligible for the Transitional Living Allowance benefit upon leaving foster care. Review the requirements below for Life Skills Training (PAL Classes):

- 1. Be at least 16 years old and have an open subcare stage. Preference for classes will be given to youth who reside in a paid foster care placement; youth in unpaid or relative placements may attend class as space allows. In general, only youth 15.5 and older can be enrolled in class once paperwork is received from a state PAL Coordinator. However, if there is a court order for someone younger than 15.5, those youth can be enrolled in class. Also, some regions will not allow a youth to enroll in class until age 16. If a youth is from one of those regions, we cannot enroll them in class, as we will not be able to receive state paperwork for them until they turn 16.
- 2. PAL Trainer must receive a referral and valid service authorization from the youth's PAL Coordinator prior to youth attending classes.
- Caregiver & youth must complete the Casey Life Skills Assessment (CLSA) prior to youth attending first PAL class.
- 4. Caregiver must plan to attend a brief meeting at the beginning of the first class during a PAL class series.
- 5. Caregiver must plan to attend a discussion of the Casey Life Skills Assessment (CLSA) results when notified by the instructor of the date that the discussion will occur prior to the PAL class scheduled for that date.
- Youth must complete a minimum of 5 hours in each life skills course: Personal/Social Relationship; Life Decisions & Responsibility; Financial Management (mandatory); Housing & Transportation; Job Readiness; and Health & Safety.
- 7. Youth must complete overall assessment after the final training course in the series.

## **Registration Process:**

To register a youth for classes, contact the HAY Center at <u>832-927-7000</u> and request to speak to the Administrative Technician (Stephanie Williams), who will enroll the youth for the next available class that

coincides with the youth's schedule. The Administrative Technician will contact the PAL Program Specialist to request a referral and service authorization for the youth, if one is not already available. The Administrative Technician will notify the PAL Coordinator when youth has been scheduled for classes.

As a courtesy to other youth who require this training and are waiting for enrollment, if an enrolled youth is unable to attend their training session, the Administrative Technician should be notified immediately to ensure the youth's slot can be filled. The Administrative Technician will notify the PAL Program Specialist and the referring PAL Coordinator.

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- When dropping off your youth, please <u>do not</u> leave <u>until</u> the youth has been signed in and is
  officially in class each day. Plan for a little extra time the first day as Casey Assessments need to
  be completed by both the youth and caregiver and important information is provided to the
  caregivers
- For safety reasons, the caregiver also needs to sign in each day and indicate who will be picking the youth up at the end of class. If the youth is riding the bus, the Administrative Technician should be notified at the time of enrollment, so the PAL Trainer is aware of this.
- Please arrive on time to pick up the youth when the class is scheduled to be over.
- If you bring five or more youth at least one staff person is required to stay with the youth.
- The registration is for the youth, not the facility. <u>Enrolled youth whose placement has changed, will</u> <u>still be given first opportunity to take PAL training before the facility is allowed to enroll another</u> youth to fill the slot.

| October 13, 2018 | Life Decisions/Responsibility                     |
|------------------|---|
| Saturday         | 9:00am – 2:00pm                                   |
| Adrian Townsend  | 1216 West Clay St. – Houston, TX 77019            |
| Series 1         |   |
| October 20, 2018 | Personal/Social Relationships                     |
| Saturday         | 9:00am-2:00pm                                     |
| Adrian Townsend  | 2525 Murworth Dr. – Houston, TX 77054 (Room D36A) |

| October 27, 2018  | Financial Management                   |
|-------------------|--|
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| November 3, 2018  | Housing & Transportation               |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| November 10, 2018 | Job Readiness                          |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| November 17, 2018 | Health & Safety                        |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| Series 1          |  |
|                   |  |
| January 19, 2019  | Life Decisions/Responsibility          |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| Series 2          | ······································ |
| January 26, 2019  | Personal/Social Relationships          |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| February 2, 2019  | Financial Management                   |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| February 9, 2019  | Housing & Transportation               |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| February 16, 2019 | Job Readiness                          |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| February 23, 2019 | Health & Safety                        |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| Series 2          |  |
| March 11-15, 2019 | Harris County Mini PAL                 |
| Monday - Friday   | 9:00am – 3:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| Session 3         |  |
| March 16, 2019    | Life Decisions/Responsibility          |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St Houston, TX 77019    |
| Series 4          |  |
| March 23, 2019    | Personal/Social Relationships          |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| March 30, 2019    | Financial Management                   |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| April 6, 2019     | Housing & Transportation               |
| Saturday          | 9:00am – 2:00pm                        |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019 |
| April 13, 2019    | Job Readiness                          |

| Saturday        | 9:00am – 2:00pm                        |
|-----------------|--|
| Adrian Townsend | 1216 West Clay St. – Houston, TX 77019 |
| April 20, 2019  | Health & Safety                        |
| Saturday        | 9:00am – 2:00pm                        |
| Adrian Townsend | 1216 West Clay St. – Houston, TX 77019 |
| Series 4        |  |

| Mini PAL Classes (enrollment limited to 15 - 20 per class):   |   |  |
|---|---|--|
| June 3-7, 2019  | Harris County Mini PAL                        |  |
| Monday – Friday   | 9:00am – 3:00pm                               |  |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019        |  |
| Series 5  |   |  |
| June 10-14, 2019  | Harris County Mini PAL                        |  |
| Monday – Friday   | 9:00am – 3:00pm                               |  |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019        |  |
| Series 6  |   |  |
| June 17-21, 2019  | Brazoria County Mini PAL                      |  |
| Monday – Friday   | 9:00am – 3:00 pm                              |  |
| Adrian Townsend   | 1504 E. Mulberry St. – Angleton, TX 77515     |  |
| Series 7  |   |  |
| June 24-28, 2019  | Harris County Mini PAL                        |  |
| Monday – Friday   | 9:00am – 3:00pm                               |  |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019        |  |
| Series 8  |   |  |
| July 8-12, 2019   | Fort Bend County Mini PAL                     |  |
| Monday – Friday   | 9:00am – 3:00pm                               |  |
| Adrian Townsend   | 1110 Ave. G – Rosenberg, TX 77471             |  |
| Series 9  |   |  |
| July 15-19, 2019  | Harris County Mini PAL                        |  |
| Monday – Friday   | 9:00am – 3:00pm                               |  |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019        |  |
| Series 10   |   |  |
| July 22-26, 2019  | Harris County Mini PAL                        |  |
| Monday – Friday   | 9:00am – 3:00pm                               |  |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019        |  |
| Series 11   |   |  |
| July 29-August 2, 2019  | Harris County Mini PAL                        |  |
| Monday – Friday   | 9:00am – 3:00pm                               |  |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019        |  |
| Series 12   |   |  |
| August 5-9, 2019  | Montgomery County Mini PAL                    |  |
| Monday – Friday   | 9:00am – 3:00pm                               |  |
| Adrian Townsend   | 2017 N. Frazier, Suite C-1 – Conroe, TX 77301 |  |
| Series 13   |   |  |
| August 12-16, 2019  | Harris County Mini PAL                        |  |
| Monday - Friday   | 9:00am – 3:00pm                               |  |
| Adrian Townsend   | 1216 West Clay St. – Houston, TX 77019        |  |
| Series 14   |   |  |
| No formal make-up classes are scheduled at this time. If it is evident these are needed, and the start of the new |   |  |

No formal make-up classes are scheduled at this time. If it is evident these are needed, and the start of the new school year allows, youth who need them will be notified, as they are scheduled. Note that location of classes scheduled in non-Harris County offices during the summer may change based on availability of meeting rooms closer to scheduled date of class. You will be notified if location changes from what is stated above prior to

## **Special Classes**

Krause Five Oaks Sheltering Harbor Care Collage