

# Families COUNT



DePelchin Children's Center Families COUNT program provides free office-based or telehealth counseling to children ages 3-17 and their families. Counselors address issues such as depression, anxiety, school problems, family conflict and much more.

## HOW DOES FAMILIES COUNT WORK?

Every child age 3 or older will receive a mental health assessment. This in-depth assessment will help identify and address any existing or emerging mental health issues, particularly issues related to trauma. If mental health issues are identified, all families will receive an individualized plan tailored to meet the child and family's needs.

## WHAT SERVICES ARE INCLUDED IN FAMILIES COUNT?

- Individual counseling for children
- Family counseling
- Education, coaching and mentoring in the use of trauma-informed parenting techniques
- Crisis intervention and safety planning
- Skills training: building social skills, anger management, trauma and chemical dependency recovery and preparing adolescents for adulthood
- Multiple additional services including High Fidelity Wraparound, mental health case management, academic advocacy and cultural education and support

## REQUEST AN APPOINTMENT



713-558-3888



[getcounseling@depelchin.org](mailto:getcounseling@depelchin.org)



<http://bit.ly/FamiliesCOUNT>



**DePelchin**  
CHILDREN'S CENTER

*A brighter tomorrow for children and families in Texas.*