Counseling Training Mediation



Innovative Alternatives has provided high quality services for almost 30 years to residents in the Galveston-Houston and adjacent areas. IA helps individuals recover from crises, build better relationships and resolve home and workplace issues. Spanish speaking counselors/mediators are available.

IA serves many geographic areas through partnerships with other agencies so there may be an IA site close you.

In addition to FREE counseling for those impacted by crime, we offer several generous sliding fee scales and accept most major insurances and credit cards. Call today to find out more, 713-222-2525.

Innovative Alternatives, Inc. 1335 Regents Park Drive, Ste. 240, Houston, Texas 77058

Free Victim Assistance Counseling

Victims of Crime and their families can receive free counseling at Innovative Alternatives, Inc.

Crime victims, immediate family members and eye witnesses receive counseling at NO CHARGE by IA through a Victim of Crime Act grant awarded by the Texas Office of the Governor—Criminal Justice Division. Reporting to the police is not required.

Crime Victims Compensation is available at NO CHARGE to clients who filed police charges in response to a victimization that occurred within the last 3 years. CVC allows for continuation of treatment following exhaustion of IA grant benefits.



Serving our community through mediation, counseling & training since 1989.

We find solutions to life's most difficult people problems!





Hope and Healing through FREE Counseling

A crime may last only a few moments, but its impact may be felt for a lifetime. Victims of Crime feel hopelessness, fear, and loss of control. Managing these symptoms and rebuilding your life can be difficult and costly.

IA provides 8 FREE individual therapy sessions to any crime victim, immediate family member and/or eye witness of any crime-regardless of when the crime occurred and whether or not it was reported to authorities. Eighteen hours total of FREE group counseling, psycho-educational classes and/or advocacy are also available to crime victims.

IA's Crime Victim Advocate will help navigate and assist you through the confusing network of the Texas Crime Victims Compensation system which may cover the cost of additional services.

Education and Independence through Training

IA provides education and training through group therapy and/or professional training. Both are free to qualifying victims, family members and witnesses. Topics include:

Elder Abuse . Conflict Resolution . Boundaries . Domestic Violence . Sexual Abuse . Bullying . Financial Exploitation . Many more

Reconciliation and Resolution through Mediation

Family Reconciliation Mediation promotes peaceful, effective and thorough conflict resolution.

IA developed a process for disputing families that rapidly identifies core issues



Who We Are

Our counseling team includes professionally trained and licensed counselors, social workers, marriage and family therapists & play therapists who represent ethnic, cultural and language diversities with over 30 professionals available. IA is also a training site for clinical interns.

Where We Are

- ⇒ IA Offices-Clear Lake Area
- ⇒ BATP-Webster
- ⇒ Baytown Police Department-Baytown
- ⇒ Baker Ripley & Cleveland Ripley Neighborhood Centers

 Houston & LaPorte
- ⇒ Community Family Centers-Houston
- ⇒ Conversando Entre Amigas at Magnolia Multi-Service Center- Houston
- ⇒ Catholic Charities-Texas City
- ⇒ Lighthouse Christian Ministry-Bacliff
- ⇒ The Children's Center-Galveston

"Through counseling I was able to take my brokenness and become whole again!"

Contact Us

Innovative Alternatives, Inc.

1335 Regents Park Dr. Ste. 240 Houston, TX 77058

Phone: 713-222-2525
Email: iai@innovativealternatives.org

Information on our counseling services is available at:

www.innovativealternatives.org