

# Houston Resources For Youth In Care

## HOTLINES

### **Domestic Violence Hotline**

Houston Area Women's  
24 hour hotline  
713-528-2121

### **Jane's Due Process**

24 hour hotline  
With call and text options for  
legal services to ensure  
reproductive freedom.  
866-999-5263

### **National Human Trafficking Hotline**

24 hour hotline with call, text  
and chat options  
888-373-7888  
Texting option - 233733

## HOTLINES

### **Texas Youth Helpline**

24 hour support service for  
youth and parents  
800-989-6884  
Texting option - 12-872-5777

## EDUCATION & LIFE SKILLS

### **Houston Alumni and Youth (HAY) Center**

Classes, case planning and other  
support services for current and  
former foster youth  
832-927-7000

### **Texas DFPS (PAL Program)**

Transitional living services for youth  
ages 18-24  
713-523-2231

HEALTHCARE, HIV/STI & PREGNANCY TESTING	HEALTHCARE, HIV/STI & PREGNANCY TESTING	HOUSING
<p><b>Baylor Teen Clinics</b> Multiple locations with services for youth up to 26 years old 713-873-3601</p>	<p><b>Legacy Community Health</b> Multiple locations with confidential services for adults, minors, low income, and uninsured patients 713-830-3000</p>	<p><b>Covenant House</b> Housing for youth ages 18-24 713-523-2231</p>
<p><b>City of Houston Health Department</b> Multiple locations with confidential services for adults and minors 832-393-5169</p>	<p><b>Planned Parenthood Gulf Coast</b> Call to find a clinic near you 800-230-PLAN</p>	<p><b>ADDITIONAL SUPPORT SERVICES</b></p>
<p><b>Harris County Public Health</b> Multiple locations (some with after school teen clinics) 713-439-6000</p>	<p><b>Superior Health Plan (Star Health) Help Line</b> Member Services and Transition Assistance (18-20 years old) 866-912-6283</p>	<p><b>DePelchin Children’s Center</b> Mental health, prevention and early intervention, and child welfare services 713-730-2335</p>
	<p><b>Star Help Line</b> Assistance with enrolling in Medicaid (21-25 years old) 800-964-2777</p>	

**HOUSTON RESOURCES FOR YOUTH IN CARE**